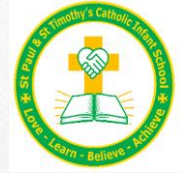
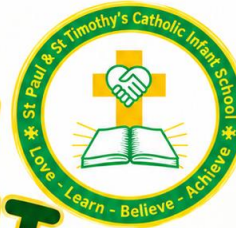


Foundation Stage



Autumn Term 2026

OUR MISSION STATEMENT



A mission statement is the special promise of our school.



Love



Learn



Believe



Achieve



It tells us how we try to be our best every day.

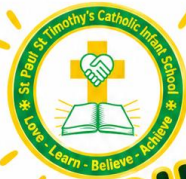
It helps us remember what is important.

It helps us to be kind, work hard and help others.



Our mission helps us grow in love, faith and friendship.





St Paul and St Timothy's
Infant School

OUR RELATIONSHIPS AND BEHAVIOUR POLICY

Our School Values are:

- Be **ready**
- Show **respect**
- Stay **safe**



Our Relationships and Behaviour
Policy is based on the above values.
Please reinforce these with
your children.



Teach them how they can
be ready for different
situations, talk to them about
what it means to be ready.
Explain to them what it means
to show respect. Talk to them
about how they can keep
themselves and others safe.

Together we help our children
grow in love, faith and friendship.



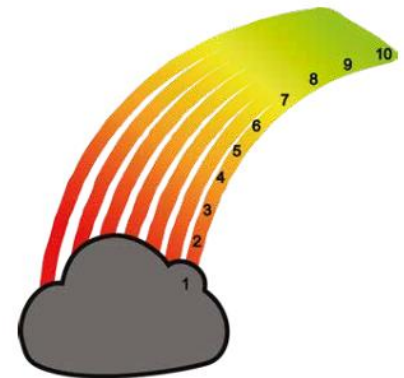
We use the ROAR programme for Mental Health. We recognise that good mental health and wellbeing is fundamental to making progress in school.

The ROAR programme allows all people in school to use the same language and resources to express how they are feeling.



We know that mental health may change throughout the day, as we encounter different circumstances and challenges. We use the ROAR rainbow by asking the children to consider where they are on a scale of 1-10 (10 indicating the best possible mental health).

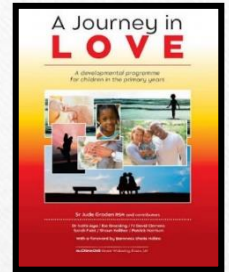
We want to encourage all parents/carers to try using the rainbow at home so that they understand it and see how useful it can be in recognising when children might need some support.





What is RSHE?

Miss Pimblett, Pastoral Lead



- **RSHE stands for Relationships, Sex and Health Education.**
- The DfE say: "It is mandatory for RSHE to be taught in all schools."
- In the Early Years and in Key Stage 1, the focus is placed on relationships. It is not until upper Key Stage 2 in the Junior school that the children will learn about bodily changes and reproduction.
- Through RSHE and PSHE children are equipped with the tools, confidence and language to create and maintain healthy and positive relationships.
- The RSHE and PSHE curriculum reinforces our safeguarding policy by providing children with the skills and knowledge to help keep themselves and others stay safe.
- Staff will ask children to use the correct names for their body parts. This prepares children for what they will go on to learn later. This also helps us to safeguard our pupils.
- In our school we follow an RSHE curriculum recommended by Liverpool Catholic Archdiocese: **Life to the Full** and **Journey in Love**.

Reception

Children know and understand that God has made them unique and that although we are all different we are all special to him.

Examples of Reception activities:

- Discuss similarities and differences to one another
- Look at the different types of friends they have
- Describe how to be a good friend

Year 1

Children know and understand that they are growing and developing as members of their own family and God's family.

Examples of Year 1 activities:

- Talk about who is in their family
- Talk about how fast babies change and grow
- Look at happy and sad moments within a family
- How is love shown in a family?
- Know that we are members of God's family

Year 2

Children know and understand that they are growing and developing in a God-given community.

Examples of Year 2 activities:

- What is community?
- Explore school as a community
- How can we contribute to a community?



Settling into Reception

Starting school is a big step...
♡



Our Team

- Each class has 2 members of staff supporting 30 children as they settle into Reception.
- All 120 children across the year group are learning our school routines, rules and expectations.
- Some children may be experiencing a school or nursery environment for the first time.



Learning to Be Together

Over the coming weeks, we will help children to develop important life skills such as:

- Sharing and taking turns
- Using kind words and good manners
- Understanding personal space
- Following rules and boundaries
- Using words to communicate their needs and feelings
- Managing friendships and resolving small disagreements



It's all part of the journey

You may hear about bumps, snatched toys, disagreements or sand in faces as children learn to play and interact with one another. These experiences are a normal part of learning to be together, and staff will support children to understand what has happened and how to make positive choices.



Working Together

These skills take time to develop.

With your support at home and our support at school, we can help every child to feel safe, happy, confident and settled in their new environment.



Small steps...
make a big
difference



Your child is in
safe and caring
hands.



Foundation Stage Curriculum

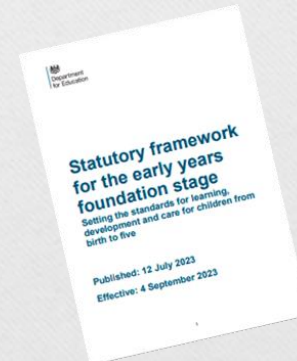
The Foundation Stage is delivered through 7 Areas of Learning:

Prime Areas- work together and support development in all other areas

1. Personal, Social and Emotional Development
2. Physical Development
3. Communication and Language

Specific Areas- include essential skills and knowledge

4. Literacy
5. Mathematics
6. Understanding the world
7. Expressive Arts and Design



Characteristics of Effective learning

These describe the behaviours that children use in order to learn. Children who are curious, enthusiastic and motivated will approach learning opportunities with confidence and energy.

- **playing and exploring** – children investigate and experience things, and ‘have a go’
- **active learning** – children concentrate and keep on trying if they encounter difficulties, and enjoy achievements
- **creating and thinking critically** – children have and develop their own ideas, make links between ideas, and develop strategies for doing things

Statutory framework for the EYFS



How we teach and support children to learn in Reception and tips on how you can help.

Reading

Phonics

Maths

Mark Making

Drawing Club

Fine Motor

Loose Parts