

Competitions & Engagement Events

LSSP KS1 and KS2 Competitions / Events which include School Games Competitions that lead to a Merseyside Final		
Yr 5/6 High 5 Netball	Primary Sports Challenge	Yr3/4 Waterpolo
Yr 5/6 Sportshall Athletics	Go Run For Fun	Yr 5/6 Waterpolo
Yr 3/4 Sportshall Athletics	LPSAA (athletics)	KS2 Swimming Gala
Yr 3/4 Gymnastics	KS1 Tennis Skills	Yr 5/6 Volleyball
Yr 6 Kwik Cricket Girls	KS1 Multi Skill Athletics	Yr 5/6 Pop Lacrosse
Yr 6 Kwik Cricket Mixed	KS1 Matball	KS2 Highland Games
Yr 5 Kwik Cricket Mixed	KS1 Gymnastics	KS2 SEN New Age Kurling
Yr 4 Kwik Cricket	KS1 Dance	Project Ability
Yr 5/6 Mini Orange Tennis	KS1 Girls Football Skills	Cross Country league
Yr 3/4 Mini Red Tennis	Yr 3/4 Girls Football Skills	Football League
Yr 1 Boys football	Yr 5/6 Girls Football	KS2 Dance
Yr 2 Boys football	Yr 5/6 Quicksticks	Tri Golf
Yr 3 Boys football	Yr 3/4 Quicksticks	Triathlon
Yr 4 Boys football	Yr 5/6 Basketball	KS 1 Girls Football
Yr 5 Boys football	Yr 5/6 Dodgeball	KS1 Swimming Gala
Yr 6 Boys football	Yr 5/6 Quadkids	

PE Professional Learning

2015/16 Professional Development Courses Included		
Trampoline Refresher	KS2/3/4 Basic Rounders Umpiring	Inclusive Tennis
How to engage in the Competition Programme	High Quality Playground Activities	Primary Tennis Training
KS1 Movement & Dance	Active Play for KS1	Kin-ball
Introduction to Pop Lacrosse (KS2)	Basic Cheerleading	Secondary Elevating Athletics
Primary Elevating Athletics	Trampoline Level 1.	High 5 Netball
Cardio Tennis Training	KS1/2 Multi Skills Training	Orienteering on the School site and team problem solving activities
Ski Organisers	KS2 Movement & Dance	Role of the Primary PE Coordinator
KS1/KS2 Gymnastics		



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Packages 2016 / 2017

We Promote, Develop and Enhance PE, School Sport and Healthy Lifestyles

Gold Package Includes all **SILVER & BRONZE** features plus the following:

£6,900 Includes PE Specialist - 1 FULL DAY per week / This is our '**INSPIRED**' Package providing access to:

PE Specialist Mentoring Programme &/or PPA Support (one FULL day per week)

As Silver Package except one **FULL** day per week

INSET Training (two)

As Silver Package except choose **two** from menu

G&T Master Classes -

- Sport Specific coaching master classes for talented students including gym/dance/fitness
- Delivered by specialists in the individual disciplines
- 1 per term at a central venue

Silver Package Includes all **BRONZE** features plus the following:

£4,645 Includes PE Specialist - 1 half day per week / This is our '**ENGAGED**' Package providing access to:

PE Specialist Mentoring Programme &/or PPA Support (one HALF day per week)

LSSP has had a team of Specialist PE support staff working in schools across the City for over 11 years. Our dynamic team of more than 25 specialists have experience in delivering a wide range of sports, multi skills, fundamental skills and physical activities in line with the National Curriculum framework.

Mentoring Programme

Our PE Specialists can provide weekly ongoing support for schools to develop teachers' skills and confidence. The Mentoring covers:

- A unit of work every 6 weeks including Physical Literacy Unit
- Delivery of structured, progressive lesson plans
- Level 1 (intra competition) at the end of a Unit of Work
- Assessment each Term - working with your school staff (using LSSP or Schools own criteria)

PPA Cover

Please see prices below for extra half days to support further staff mentoring or to fulfil your entire PPA requirement.

- PE Specialist can work to the outline above in the Mentoring Programme or to individual requirements of the Headteacher.

Please see the At a Glance Leaflet for more information on minimum operating standards and quality assurance of LSSP PE Specialists.

Development of pupil's life and employability skills (Leadership Training)

Leadership training attracts different pupils to engage in PE and helps to develop transferable skills. Leadership helps to increase structured activity opportunities for pupils during lunchtime etc. Training includes:

- Specialist physical activity Leadership Training 2 x 1.5 hrs session
- Child friendly Games resource Cards
- Pupil Handbooks
- Register (to log volunteering hours)
- Linked to LTO Training
- Guidance on Leaders Active Playtimes Timetable

Ongoing PE Improvement Plan

Specialist PE Advice to include:

- Identify gaps in curricular provision
- Development requirements of staff
- Review current policies
- PE Lesson Modelling
- Curriculum Planning Support
- Support with Teacher Observations in PE
- Advice about Assessment
- Advice, support and advocacy work with Headteachers, Senior leaders & Governors

INSET Training (one)

Bespoke in - service training that supports areas of need identified by staff. This will be delivered on your site at a convenient time.

Increase confidence in your staff to teach PE through training in:

- Gymnastics
- Dance
- Games - linked to LSSP Competition programme
- Developing pupil's Physical Literacy skills, Agility, Balance, Coordination skills
- Using Outdoor & Adventurous Activities on the school site
- Playground Training for Lunchtime Organisers

Healthy Active Lifestyles

Ensuring young people and parents understand how to lead a healthy and active lifestyle will support increased attendance levels of your pupil's. Only 21% of boys and 16% of girls meet the minimum recommended guidelines for physical activity and one in three children leaving primary school are obese.

- Healthy Active Lifestyles Assembly
- Targeted Workshop for 15 pupils - 2 x 1.5 hour sessions on Healthy Eating /sugar swaps & healthy lifestyles
- Level 1 (intra competition) Health Festival (2 hours - am only)

Package Components 2016 / 17

Bronze [from £1,295]	Silver [from £4,645]	Gold [from £6,900]
Entry into all LSSP KS1 & KS2 Competitions & Engagement Events	Entry into all LSSP KS1 & KS2 Competitions & Engagement Events	Entry into all LSSP KS1 & KS2 Competitions & Engagement Events
PE Professional Learning	PE Professional Learning	PE Professional Learning
Information Exchange	Information Exchange	Information Exchange
Introduction to Healthy Active Lifestyle Programme	Healthy Active Lifestyle Programme	Healthy Active Lifestyle Programme
PE Review	PE Review	PE Review
National (DCMS) KS2 School Games Mark and LSSP KS1 School Games Mark Application support	National (DCMS) KS2 School Games Mark and LSSP KS1 School Games Mark Application support	National (DCMS) KS2 School Games Mark and LSSP KS1 School Games Mark Application support
	Development of pupil's life and employability skills	Development of pupil's life and employability skills
	Ongoing PE Improvement Plan	Ongoing PE Improvement Plan
	Whole School INSET Training (One from the menu)	Whole School INSET Training (Two from the menu)
	PE Specialist Mentoring Programme &/or PPA Support (one HALF day per week) <i>38 weeks - all specialist staff will receive/attend additional professional training during the first week of term.</i>	PE Specialist Mentoring Programme &/or PPA Support (one FULL day per week) <i>38 weeks - all specialist staff will receive/attend additional professional training during the first week of term.</i>
		G&T Master Classes - 1 per term
£1,295	£4,645	£6,900
	Additional half day per week £2,750	Additional full day per week £4,780 Additional half day per week £2,750
	Dance and Gymnastics Specialist Support per term Full day per week £1,825 Half day per week £915	Dance and Gymnastics Specialist Support per term Full day per week £1,825 Half day per week £915

Bronze Package

£1,295 This is our '**CORE**' offer providing access to:

Entry into all LSSP KS1 & KS2 Competitions & Engagement Events

LSSP KS2 Competitions include School Games Competitions that lead to a Merseyside Final

NB// to ensure we met the capacity of all the Schools who wanted to enter including B/C team entries we deliver multiple heats for the majority of competitions and a City Final to determine the winner!

We aim to provide the opportunity for all ability levels to ensure that all pupils will represent their school before they leave.

PE Professional Learning

To support the development of high quality PE and school sport there are a wide range of professional development opportunities available throughout the year.

- Unlimited access into all LSSP central Venue CPD Courses
- User friendly resources
- Supporting materials for delegates attending

Create Development - Physical Literacy Training additional cost £495.00 + VAT per School (£90 discount for LSSP Membership Schools)

Information Exchange

Staff that are better informed with greater experience will help our pupils achieve their full potential.

- Annual Primary PE Network Conference (Autumn Term)
- PE Coordinator Network Meetings (Spring & Summer)
- Head Teacher briefings
- Full access to LSSP website
- Monthly e-bulletins
- Sharing of best Practice

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- Change 4 Life/Health Club Training/guidance/support
- Awards for All Application support (£10,000)

PE Review (1 hour)

- Bespoke specialist PE Advice
- Curriculum Planning

National (DCMS) KS2 School Games Mark and LSSP KS1 School Games Mark Application support

The LSSP is the only organisation in Liverpool that is able to verify the national School Games Mark Award on behalf of the DCMS. The Games Mark rewards schools for their commitment to and the development of school sports and competitions.

- Advice on the criteria
- Support in completing the application
- Validation support
- School Games Celebration Assembly

